

Unit Objectives

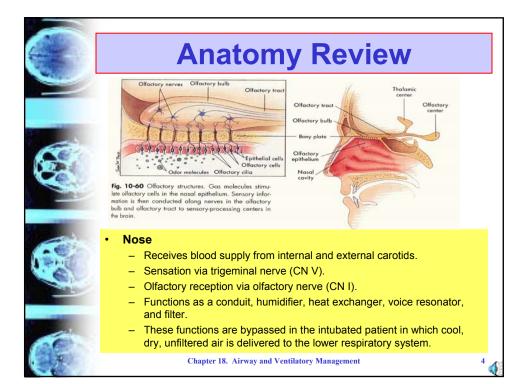
- Upon completion of this chapter, you should be able to:
 - Describe the anatomy and physiology of the respiratory system.
 - Describe the 5 major types of airway and respiratory pathologies.
 - Discuss methods for maintaining airway patency in the patient with cervical spine injuries.
 - Explain the basic interventions in airway and ventilatory management.
 - Describe the advanced methods of airway control and list the indications, advantages, and disadvantages for each.
 - Discuss the indications, contraindications, and procedures for surgical airway control.
 - Explain the indications, contraindications, and procedures for rapid sequence intubation.

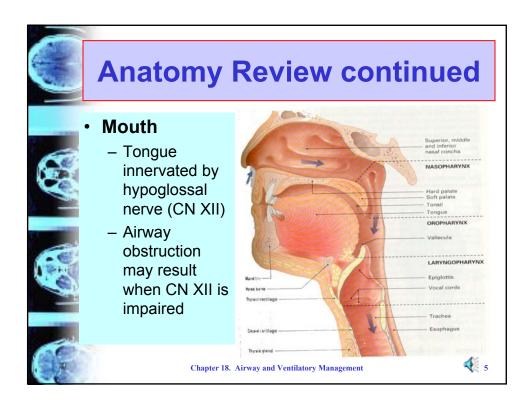


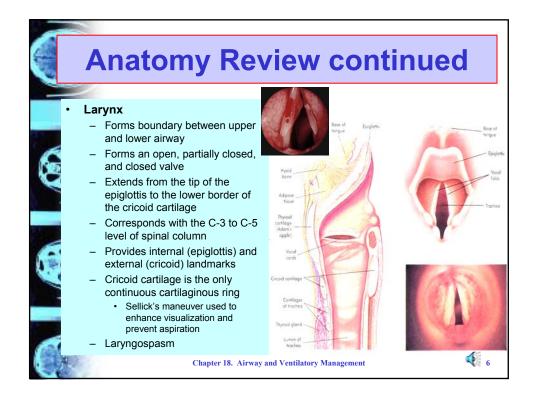


- Describe in detail the dosage, mechanisms of action, and side effects of the neuromuscular blocking agents most commonly employed in the prehospital setting.
- Discuss the setup and operation of chest drainage systems.
- List and describe the ventilator modes most commonly used in the management of trauma patients.
- Determine the initial settings for mechanical ventilation.
- Describe the techniques used to assess patient response to mechanical ventilation.
- Explain the physiological responses to intubation and mechanical ventilation.
- Explain the procedure for obtaining arterial blood gas samples.
- Discuss the interpretation of arterial blood gas values.
- Discuss the interpretation of end-tidal carbon dioxide monitoring.





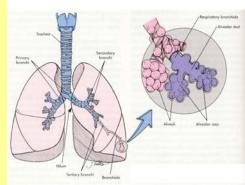




Anatomy Review continued

Trachea

- 9 to 16 mm in diameter and 10 to 15 cm from cricoid to carina
- Formed by 16 to 22 C-shaped cartilaginous rings
- Carina lies at sternomanubrial joint anteriorly and T-5 posteriorly
- Right bronchus less angulated (25°) than left (45°)
- A properly positioned ET tube rests at 18 to 22 cm at the incisors
- Add 4 cm for nasotracheal tube (22 to 26 cm)



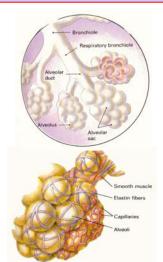
Chapter 18. Airway and Ventilatory Management



Anatomy Review continued

Bronchi

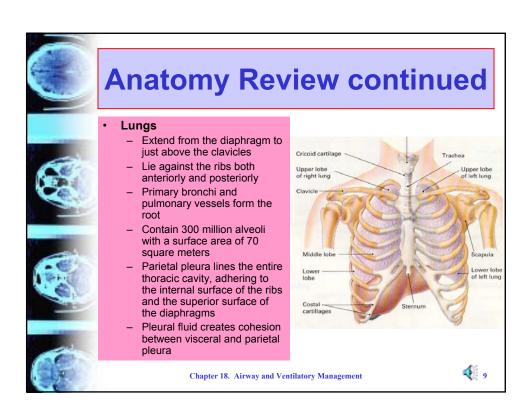
- Become smaller and increasingly muscular as they divide
- Although the size of the airways become progressively smaller, the total area available for gas exchange increases

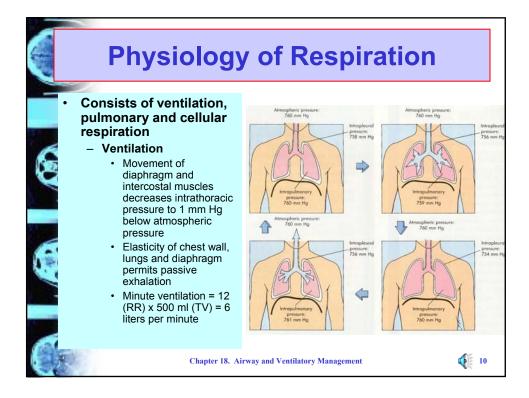






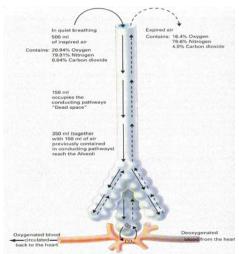






Physiology of Respiration continued

- Consists of ventilation, pulmonary and cellular respiration continued
 - Ventilation continued
 - · First airways hold 150 ml that do not participate in gas exchange (anatomic dead space)
 - Anatomic dead space + pathologic dead space = physiologic dead space; Normally physiologic dead space = anatomic dead space
 - Pathologies pneumothorax. hemothorax, flail chest, obstruction

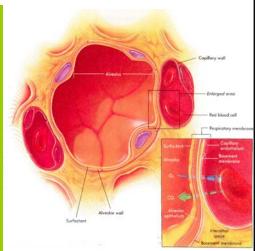


Chapter 18. Airway and Ventilatory Management

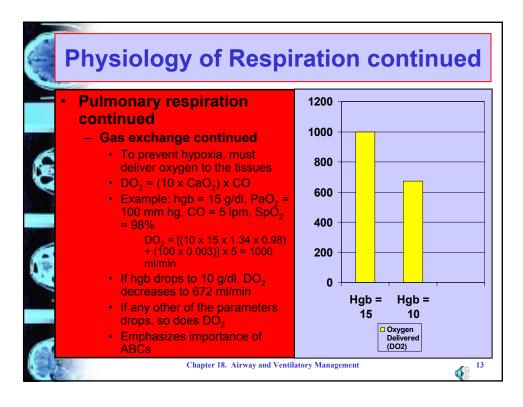


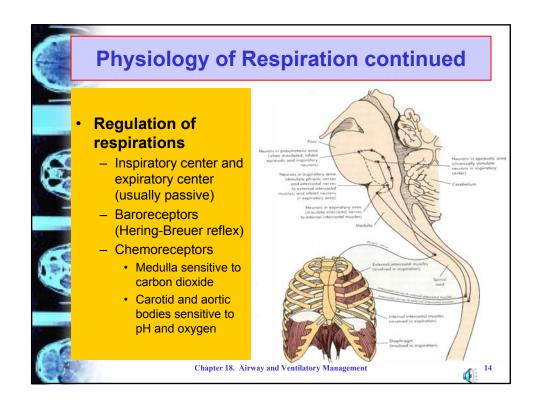
Physiology of Respiration continued

- **Pulmonary respiration**
 - Gas exchange
 - Oxygen and carbon dioxide diffuse across A-C membrane
 - Once across A-C membrane, oxygen is dissolved in plasma
 - Normal PaO₂ declines 3 4 mm Hg per decade after 2nd or 3rd decade
 - · Each fully saturated gm hgb carries 1.34 ml O₂
 - Each mm hg of PaO₂ represents only 0.0031 ml of dissolved oxygen in blood
 - $CaO_2 = [hgb x 1.34 x (SaO_2/100)] + (PaO_2 x 0.003)$
 - Must have an adequate hemoglobin, SpO₂, and PaO₂



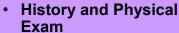


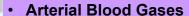






Measuring Respiratory Function





- PaCO₂ reflects ventilatory status
- PaO₂ reflects oxygenation status
- Limitations of ABGs
 - Snapshot
 - Measure <u>serum</u> partial pressures
 - CO and cyanide impair oxygen use
 - Temperature, pH, and PaCO₂ impair oxygen release



Chapter 18. Airway and Ventilatory Management







Measuring Respiratory Function



- Alveolar-arterial oxygen gradient
 - $P(A-a)O_2 = PAO_2 PaO_2$
- Alveolar oxygen tension
 - $PAO_2 = (Pb PH_2O) \times FiO_2 (PaCO_2/R)$



- PaO₂ from ABG
- Pb = 760 mm Hg at sea level
- $PH_2O = 47 \text{ mm Hg}$
- R = 0.8 (may be eliminated when FiO₂ > 0.6)
- FiO₂ = fraction of inspired oxygen







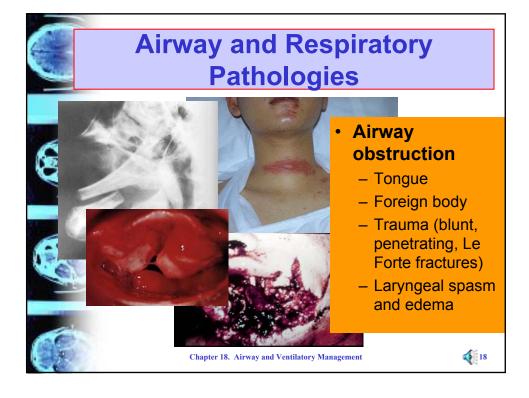
Measuring Respiratory Function

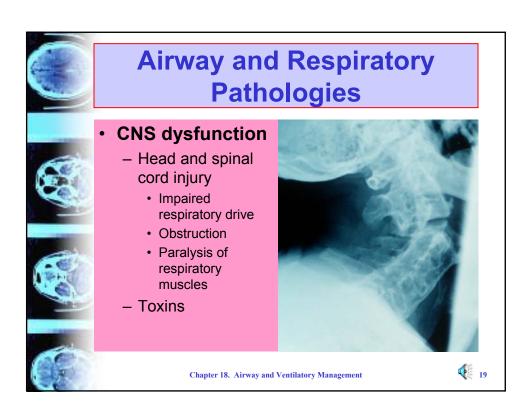
Interpretation

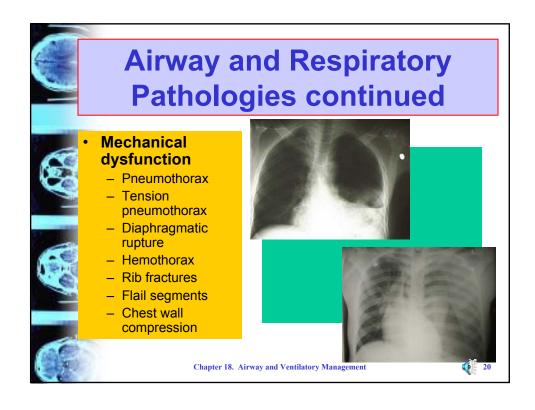
 Normal P(A-a)O₂ is < 4 mm Hg for every 10 years of age on room air. On 100% oxygen, every 50 mm Hg difference approximates 2% shunt

Results of Respiratory Function Calculations	Pathology	Corrective Actions
↓ PaO2, ↑P(A-a)O2	Diffusion defect, V/Q mismatch, or shunt	Improve oxygenation, correct mismatch or shunt
↓ PaO2, ↑PaCO2, normal P(A-a)O2	Hypoventilation	Improve ventilation





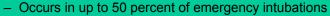






Airway and Respiratory Pathologies continued

Aspiration



- Pregnancy, hiatal hernia, obesity, NG tubes, paralytic agents, and BVM ventilation all predispose patients to aspiration
- Results in chemical pneumonitis, obstruction by food, infection
- Mortality related to volume, distribution and pH of aspirate
- 0.4 ml/kg of aspirate is clinically significant (≈30 ml in adult)
- pH 2.5 = 40% mortality, nearly 100% mortality with pH of
- Prevention is key (Sellick maneuver, proper BVM, limit intubation attempts)
- If aspiration occurs, immediately intubate and perform endotracheal suctioning

Chapter 18. Airway and Ventilatory Management



Airway and Respiratory Pathologies continued

Toxic inhalation

- Airway edema
- Laryngospasm
- Pulmonary edema
- Disruption of A-C membranes
- Interference with oxygen absorption/release









Airway and Respiratory Pathologies continued



Ventilation-perfusion (V/Q) mismatch

- Ventilation
 - Hemothorax, pulmonary edema, near-drowning, flail segment, hypoventilation
- Perfusion
 - Shock or injuries to the pulmonary vasculature









Fig. 5.18 Perfusion (upper) and ventilation (lower) scans defects but the normal ventilation pattern.

Chapter 18. Airway and Ventilatory Management





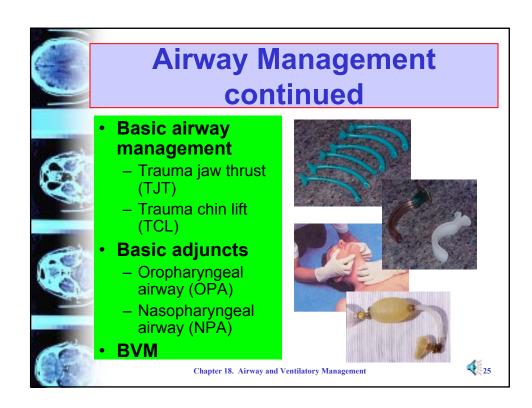
Airway Management

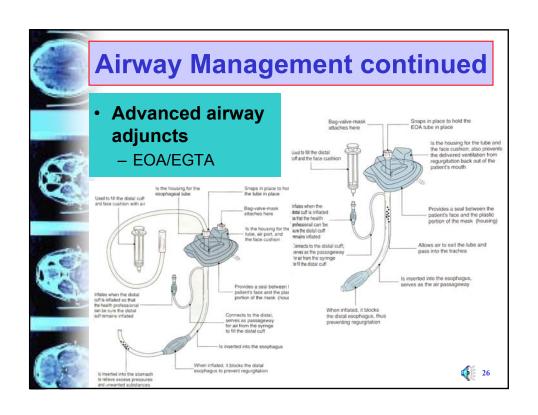


Cervical spine injury and airway management

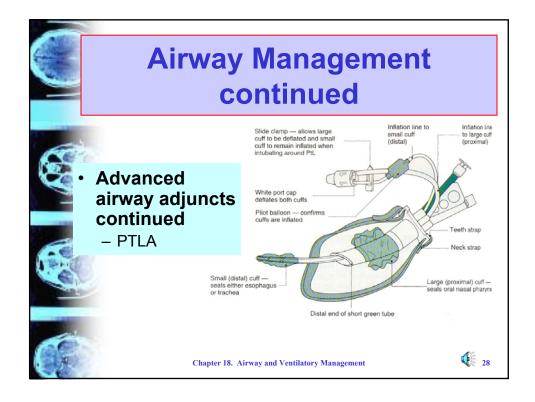
- Estimated incidence of 1% to 21% in blunt trauma and MVC
- Field clearing criteria rarely apply to patients who require intubation
- Chin lift and TJT are standard of care, despite increasing disc space by 5 mm in surgically created C5-C6 lesion in cadaver model
- Only 2 mm posterior subluxation noted in cadaver model during BNI
- Orotracheal intubation acceptable with manual stabilization
- Spinal movement during cricothyrotomy has not been investigated

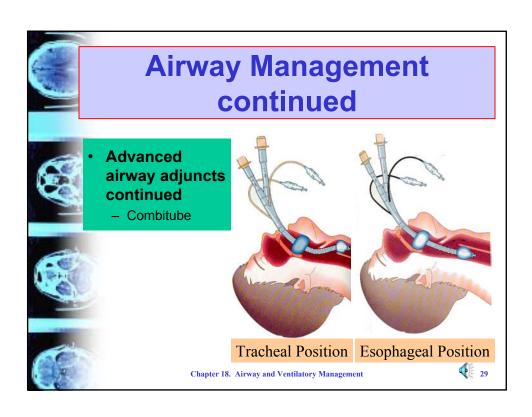




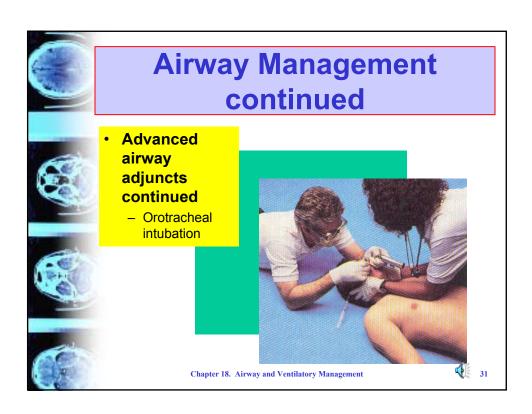


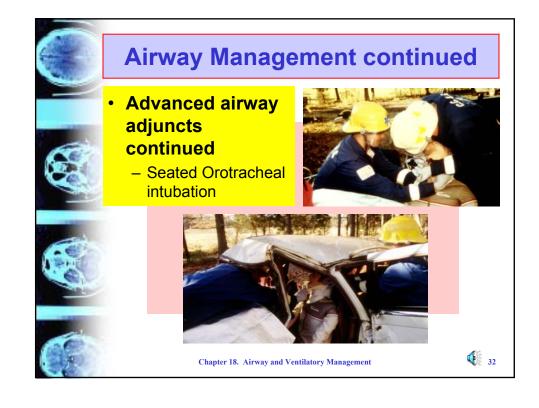
Airway	Manage Advanced air	ment con	tinued
Indications		TA continued	Contraindications
1. Failure of other techniques of airway control 2. Inability to visualize anatomical landmarks due to blood or vomitus 3. Inability to visualize landmarks due to traumatic disruption	1. Blind procedure 2. Requires less technical skill than ETI 3. Requires less time to perform than ETI 4. Does not require manipulation of the head for insertion 5. Provides access for gastric decompression (EGTA only) 6. Once inserted, serves as an esophageal marker for ETI	1. Less effective means of ventilation compared to ETI 2. Requires proper seal between face and mask 3. Does not protect lungs from aspirating blood and foreign bodies from upper airway 4. Esophageal injury and perforation 5. Restrictions on patient size	Less than 16 years of age Greater than 7 feet in height Less than 5 feet in height Esophageal injury Preexisting esophageal disease Ingestion of caustic substances Presence of a gag reflex Massive facial trauma that would preclude adequate interface between

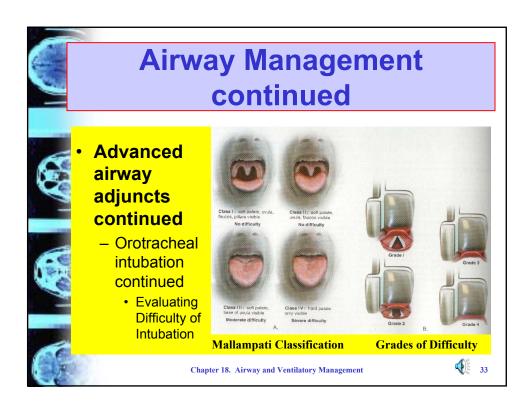


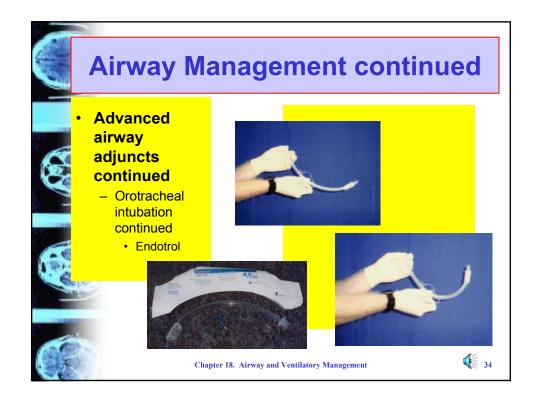


Airw	Vay Manage Advanced airway a		
Indications	Advantages	Disadvantages	Contraindications
1. Same as EOA/EGTA	1. Blind procedure 2. Requires less skill to perform than ETI 3. Requires less time to perform than ETI 4. Does not require manipulation of the head for insertion 5. Provides access for gastric suctioning 6. Functional airway regardless of whether it is placed in the trachea or the esophagus 7. Possibility of spontaneous respirations through unused lumen incase of undiagnosed misplacement (Combitube only) 8. Less likely to produce esophageal rupture than EOA/EGTA 9. Improved ventilation over EOA/EGTA 10. Does not require a face mask.	Inadequate seal of pharyngeal balloon has been reported with PTLA Difficult to pass endotracheal tube around these devices Esophageal rupture possible Lethal complications with misdiagnosed placement Infrapharyngeal bleeding may be obscured by balloon and go undetected	Less than 14 years of age Esophageal injury Preexisting esophageal disease Ingestion of caustic substances Presence of gag reflex

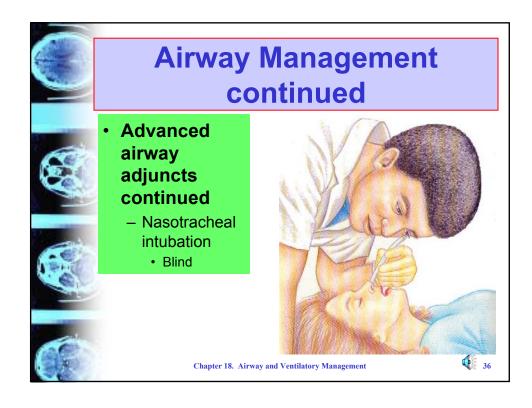


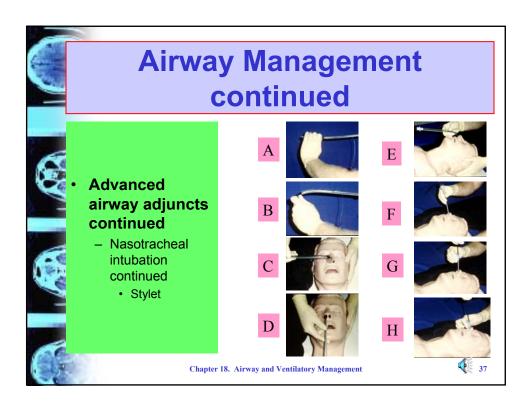


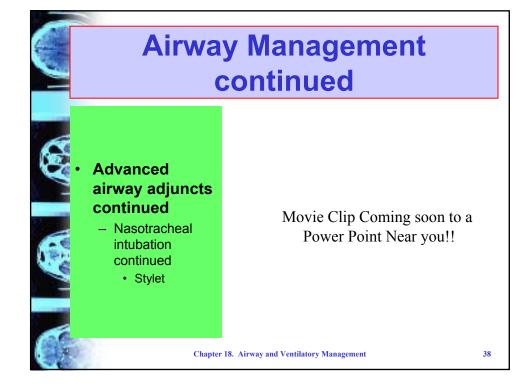




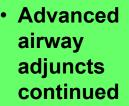
	Airway	Manage	ment co	ntinued
	Adva	•	adjuncts cont eal intubation	inued
	Indications	Advantages	Disadvantages	Contraindications
1. 2. 3. 4. 5. 6. 7. 8.	First choice of airway control when basic maneuvers fail Unable to ventilate with BVM Loss of pharyngeal (gag) reflex Head injury with GCS o≤ 8 Prevention of aspiration Correct hypoxia and hypercarbia Obstructed airway Pulmonary toilet in near-drowning and toxic inhalations	1. Most familiar technique among paramedics 2. Rapidly performed 3. Can be performed in a variety of patient positions 4. High success rate 5. Requires minimal equipment	Produces some movement of cervical spine Visualization more difficult due to need for neutral alignment Requires 2 clinicians Requires laryngoscopy Potential for trauma to teeth and oropharynx Increased ICP Vagal stimulation and bradycardia	Predicted difficult orotracheal intubation (Mallampati III/IV) Major maxillofacial trauma Inability to control cervical spine during procedure Laryngeal trauma (relative contraindication)
3			8. Laryngospasm	







Airway Management continued



- Nasotracheal intubation continued
 - · Inflated cuff technique





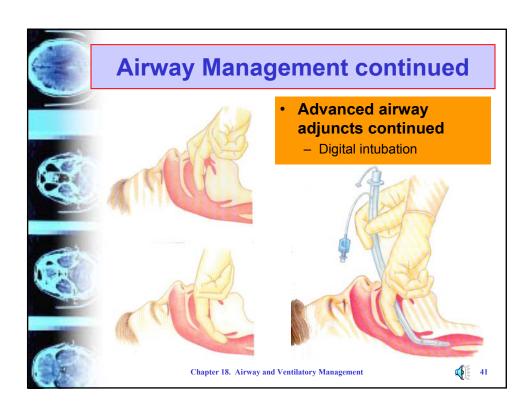


Chapter 18. Airway and Ventilatory Management

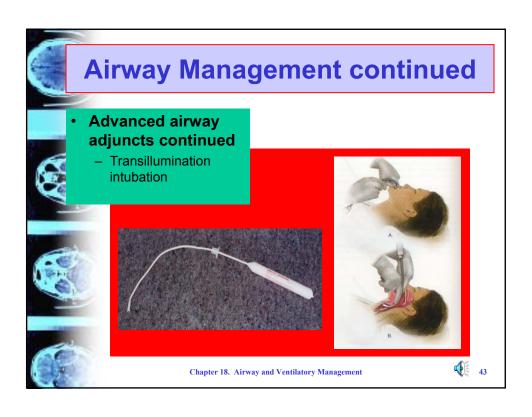




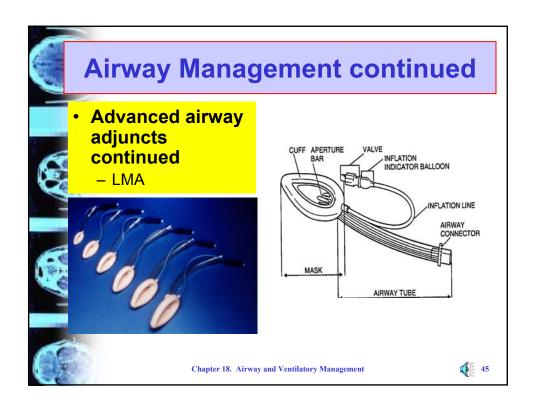
Airway Management continued Advanced airway adjuncts continued Nasotracheal intubation **Indications Advantages Disadvantages** Contraindications Inaccessible oral Patient unable Prone to Apnea (relative) cavity (trismus, to bite tube nasopharyngeal 2. Severe maxillofacial seizures, wired trauma and Better tolerated trauma (relative) jaws, trauma) epistaxis in conscious Obstruction of the **Sniffing position** patient Necrosis of nasopharynx contraindicated Requires nares Upper airway Difficult direct minimal Potential for foreign body retropharyngeal laryngoscopy equipment perforation Need for long-term Does not ventilation require Potential for **Paralytics** laryngoscopy esophageal contraindicated No cervical intubation due to blind spine Patients in awkward manipulation procedure positions Reduced Conscious or oropharyngeal semiconscious secretions patients requiring intubation (e.g., burns, overdose)

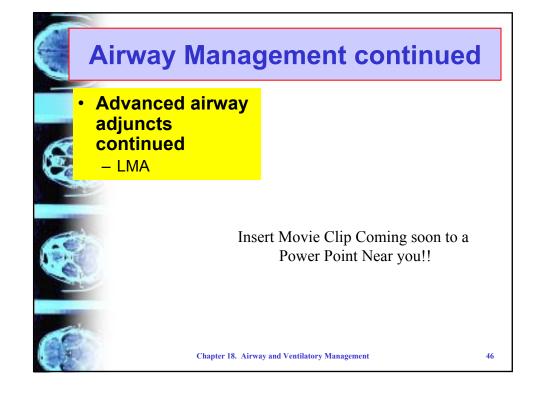


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	Auva	_	adjuncts cont intubation	iiiueu
	Indications	Advantages	Disadvantages	Contraindications
1. 2. 3. 4. 5.	Comatose patients with head and neck trauma Obese or short-necked patients As a back-up procedure during rapid sequence intubation (RSI) Facial trauma where anatomical disruption prevents visualization When suctioning is unable to adequately remove blood or vomitus When other methods have failed	Does not require laryngoscopy Minimal manipulation of C-spine Can be performed under less than ideal circumstances such as poor lighting, cramped space, and awkward position	Blind procedure requires diligence in confirming correct placement Risk of trauma to intubator's hand	Patients with small mouths Intubators with oversized or undersized hands Patients with intact gag reflexes



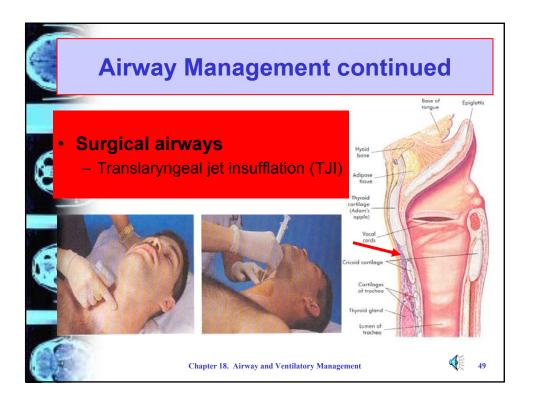
		Manage		
	Indications	Advantages	Disadvantages	Contraindications
1. 2. 3. 4. 5.	Suspected cervical spine injury Facial trauma Difficult direct laryngoscopy Patients in awkward positions Patients immobilized on spine boards Confirmation of tube placement in intubated patients	Rapidly performed Can be performed in a variety of positions High success rate No manipulation of cervical spine Does not require laryngoscopy	1. Difficult to visualize glow from stylet in environments with high intensity ambient light 2. Potential for esophageal intubation due to blind technique	1. Similar to oral intubation

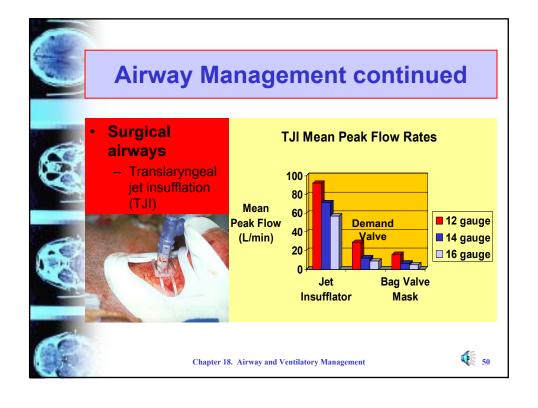




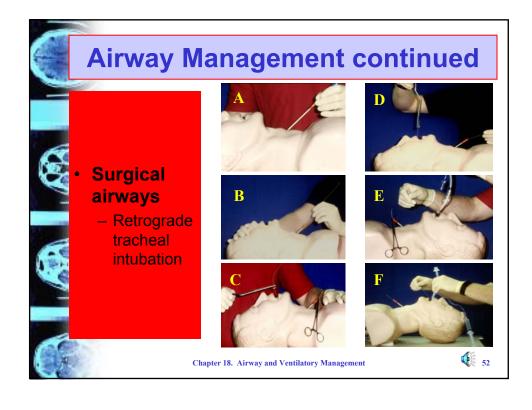
Airway Management continued Advanced airway adjuncts continued Laryngeal Mask Airway				
Indications	Advantages	Disadvantages	Contraindications	
Inability to intubate using standard techniques Suspected C-spine injury	Requires minimal training Ease of insertion Rapidly inserted (< 15 seconds) Blind insertion technique avoids the need for special equipment Endotracheal intubation can be achieved through the LMA Manipulation of the head and neck is not necessary Less negative cardiovascular response as compared with ETI Less soft tissue trauma as compared with ETI No danger of inadvertent passage of LMA into a mainstem bronchus Can be inserted with the patient in a variety of positions	Does not protect against aspiration or regurgitation Potential for malpositioning	Gross obesity Inability to open the mouth wider than 1. cm Pregnancy Recent ingestion of opiates Decreased pulmonary compliance Subglottic obstruction	



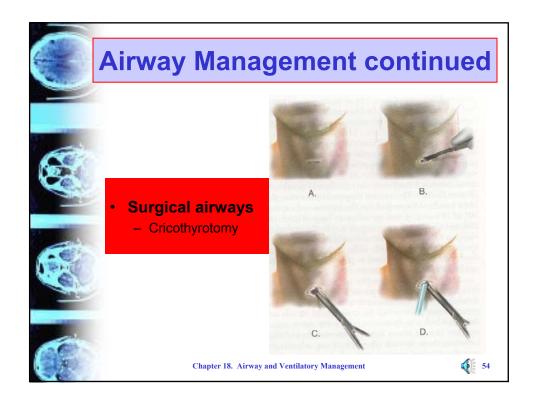




Airway Management continued Advanced airway adjuncts continued Translaryngeal Jet Insufflation				
Indications	Advantages	Disadvantages	Contraindication	
Inaccessible oral cavity (trismus, seizures, trauma, wire jaws) Difficult dire laryngoscop Severe facial trauma Supralaryngo obstruction Anatomical disruption of upper airway Failure of standard techniques	t scalpel 3. Provides a temporary airwa while other	h misdirected cannula 2. Relatively poor air exchange 3. Temporizing	Inability to locate cricothyroid membrane Total airway obstruction at or above the level of the vocal cords (complete expiratory obstruction) Infralaryngeal obstruction Primary laryngeal injury Children less than 5 years of age	



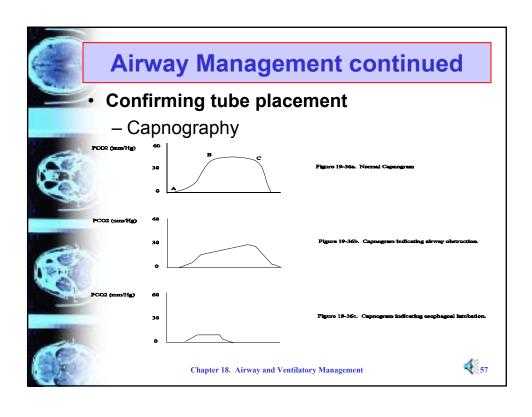
Name and Address of the Owner, where the Owner, which is the Ow	Advanced airwa	gement co ay adjuncts cont de Tracheal Intubation	inued
Indications	Advantages	Disadvantages	Contraindications
Same as for crico- thyrotomy	Same as for cricothyrotomy Less invasive than cricothyrotomy	Requires specialized equipment Potential for bleeding, infection, and subglottic stenosis Requires more time to perform than cricothyrotomy More steps in procedure than cricothyrotomy Potential esophageal perforation	Inability to locate cricothyroid membrane Infralaryngeal obstruction Inability to open mouth for catheter remova Coagulopathy Expanding hematoma of the neck Preexisting subglottic stenosis

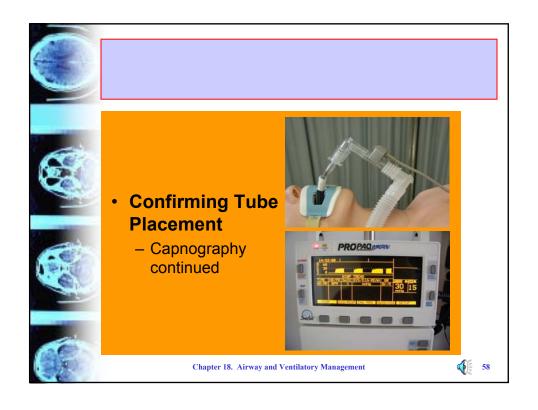


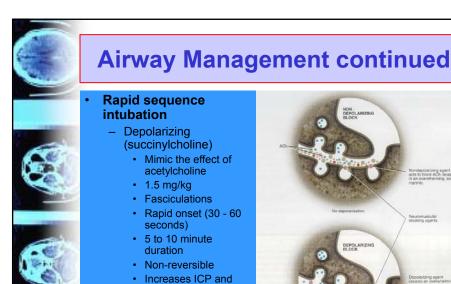
Airway Management continued

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	Advanced airway adjuncts continued Cricothyrotomy						
Г	Indications	Advantages	Disadvantages	Contraindications			
1. 2. 3. 4. 5.	visualization of oral cavity (trismus, trauma, wired jaws) Supralaryngeal obstruction Difficult direct laryngoscopy Severe facial trauma Anatomical disruption of upper airway Failure of standard techniques	Improved ventilation over TJI Prevents aspiration Longer term airway when compared to TJI Access to lungs for drug administration or pulmonary toilet Does not require laryngoscopy High success rate Does not require manipulation of the neck	1. Potential for subcutaneous emphysema and pneumothorax with misdirected ET tube 2. Potential esophageal perforation 3. Requires specialized equipment 4. Paramedics less comfortable suing scalpel 5. Invasive procedure 6. Potential for bleeding, infection, and subglottic stenosis	Inability to locate cricothyroid membrane Infralaryngeal obstruction Supralaryngeal obstruction Primary laryngeal injury Children less than 10 years of age Preexisting subglottic stenosis Coagulopathy Expanding hematoma of the neck			









intraocular pressure Bradycardia or asystole in children Premedicate with lidocaine and atropine

Chapter 18. Airway and Ventilatory Management

Airway Management continued Rapid sequence intubation Non-depolarizing (pancuronium, vecuronium) · Compete with acetylcholine for receptor sites Tachycardia and increased · Reversible with neostigmine • Onset in 2 - 5 minutes Longer duration (60 - 90 minutes) Procedure Hyperventilate Cardiac monitor Sedative/hypnotic for conscious patient Premedicate with lidocaine/atropine

Chapter 18. Airway and Ventilatory Management

Intubate

Advanced Topics

Mechanical ventilation

- Modes
 - Controlled mandatory ventilation (CMV)
 - Preset tidal volume, preset rate
 - No patient input
 - Used in unconscious, tetanus, seizure, chest wall injury
 - Assist control ventilation (ACV)
 - Similar to CMV but patient may increase the rate
 - Intermittent mandatory ventilation (IMV)
 - Preset rate and volume
 - Fresh gas supply for spontaneous, unassisted breaths
 - Potential for breath-stacking and barotrauma





Chapter 18. Airway and Ventilatory Management



Advanced Topics continued

Mechanical ventilation continued

- Modes continued
 - Synchronized intermittent mandatory ventilation (SIMV)
 - Synchronizes spontaneous and mandatory breaths
 - Spontaneous breaths are not assisted if above mechanical rate
- Initial ventilator settings
 - 15 ml/kg IBW tidal volume
 - FiO₂ 1.0
 - 12 RR for adult
 - Inspiratory pressure alarm at 15 cm/H₂O above PIP
 - PEEP starts at 5 cm/H₂O





Advanced topics continued





 Elevated PaCO₂ indicates poor ventilation and requires increasing respiratory rate

original rate x present PaCO₂ new respiratory rate = desired PaCO,



- Replace ET with a larger one
- Cut off excess ET tube
- Use low compliance ventilator circuit
- Increase tidal volume

Chapter 18. Airway and Ventilatory Management



Advanced topics continued

Mechanical ventilation continued

- Assessment of mechanical ventilation continued
 - Decreased PaO₂ indicates poor oxygenation and requires adjusting FiO₂
 - Step 1: Calculate PAO₂ needed

$$PAO$$
 2 needed = $\frac{PaO$ 2 desired $\frac{PaO}{2}$ $\frac{PaO}{2}$ $\frac{2}{PAO}$ 2

Step 2: Determine FiO₂ needed

$$FiO_2$$
 needed = $\frac{(PAO_2 \text{ needed } + 50)}{713}$

- Other methods to improve oxygenation

 - » Restore C.O. to normal
 - » Improve hemoglobin levels







Advanced topics continued

- Mechanical ventilation continued
 - Physiologic response to intubation and ventilation
 - Intubation
 - Bradycardia, tachycardia, ICP, and hypertension
 - Ventilation
 - Decreased cardiac output, SV, hypotension, decreased blood flow to vital organs, barotrauma



