

PE 405 Wilderness Experience Risk Management Plan

I. Event: Adventure trip to Panthertown Valley, NC

II. Dates and Time: Depart: Date & Time
Return: Date & Time

III. Location: Outdoor – Panthertown Valley (# nights)
Conditions – Weather (rain or shine)

IV. Participants: Number: # WCU students enrolled in PE 405
Ages:
Experience: Varied
Special Characteristics: See attached description (if applicable)

V. Leaders:

Name: Dr. Dan Grube
Age: 36
Certifications: WEA, FA/CPR

Name:
Age:
Certifications:

VI. Equipment

Type and Number: See attached Equipment List

VII. Policies / Procedures:

GENERAL POLICIES:

Safety First

Safety takes precedence over everything. No exceptions.
Near misses are a warning.
Safety briefings will be implemented for all changes in activity.
Footwear is mandatory.

Trip Itineraries

The instructor shall provide the Department Head with a program risk management plan and a detailed itinerary. Dates, sites for camping, routes for hiking (including distance and estimated elevation changes), and work activities (if any), shall be included.

Ride Share

Inform students about responsible driving.
Meet at location – previously agreed upon time (synchronize watches).

Do not drive over the speed limit.

Do not pick up hitchhikers.

Always wear a seatbelt when in a vehicle, and be sure passengers do the same.

Staffing Ratios

Two (2) 'instructors' – minimum of one of which could be a student teaching assistant for overnight trips.

Where possible, one (1) instructor of each sex will accompany the class.

Risk Awareness Forms

All participants must have accurately filled out forms before departure.

Co-ed Tenting

Co-ed tenting will not be allowed

Qualifications

Minimum of one (1) Wilderness First Aid and CPR qualified person per group.

Other qualifications that should be encouraged are WFR/OEC/WEA/ACA.

First Aid Kits

Forest Service minimum.

Checklists should remain with kits.

Radios

Available for split groups.

Students will not be allowed to carry cell phones into the backcountry.

Advise students that electronic equipment frequently malfunctions in the backcountry due to remote locations and the unreliability of electronics.

Firearms

Firearms of any kind are not allowed on trips.

Medical Information

All student medical information, along with risk awareness forms, should be carried into the field.

Equipment

Check all equipment before use and set aside damaged equipment.

Personal gear taken by students should be inspected before trips.

Food and Water

Hang all food in the backcountry.

Sterilize all eating utensils, mugs, and bowls before each use.

All water used for consumption shall be treated.

Alcohol, Tobacco, and Recreational Drugs

There will be no illegal drugs in any form allowed on outdoor trips.

Minimum Impact Techniques

Participants are expected to follow the 7 Principles of “Leave No Trace” at all times.

Challenge by Choice

For most activities, students will be allowed to choose their level of involvement.

SPECIFIC POLICIES

1. When necessary, permits shall be obtained from the appropriate land agency prior to departure.
2. Group norms will be established and accepted by the group and the instructor prior to departure. Goals and objectives will be referenced throughout the trip.
3. Where possible, all routes will be scouted before students are brought into the field.
4. Each instructor shall carry a program risk management plan into the field. Education about dangerous animals shall take place prior to departure. These may include, but are not limited to, spiders, snakes, ticks, and bears.
5. There will be no food allowed in tents. Kitchen areas will be established away from sleeping areas.
6. Out of respect for other hiking groups, animals in the area, and individual members of the group, students should be discouraged from yelling or singing loudly.
7. Prior to departure or during the course, students will be instructed on some or all of the following categories, depending on the judgment of the instructor:
 - Trail Techniques
 - Resolving Conflict
 - Proper Trail Attire
 - Stoves and Cooking
 - Boots
 - Raingear
 - Leave No Trace
 - Wool vs. Cotton
 - Total Food Planning
 - Water Purification Techniques
 - Backpacks
 - Sleeping Bags/Pads/Tents
 - Personal Hygiene
 - Map and Compass Reading/Orienteering
 - The Ten (10) Essentials
 - Energy Control Plans and Climate Control Plans

VIII. Emergency Numbers:

<i>Participant Name</i>	<i>Emergency Contact</i>	<i>Daytime Phone</i>	<i>Evening Phone</i>
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Name	Name	#	#
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IV. Participants: Special Characteristics

Describe any concerns about any participants on the trip.