

Interpersonal Skills

Altruism

- Considerate, kind, unselfish; to give unselfishly of oneself

Communication

- Exchange of thoughts, ideas or opinions either verbally or non-verbally

Compassion

- Sympathy; recognizing and respecting the feelings of others

Commitment-Contract

- Agreement, bargain or bond between two or more persons; to pledge oneself

Cooperation

- Joint action; a willingness to work with others to achieve a common goal

Effort

- Active energy to produce a result

Followership

- Support for, and to comply with others

Goal-Setting

- Establish realistic and measurable purpose or outcome

Honesty

- Uprightness, justness and goodness of character

Humor

- Make light of; to joke

Initiative

- Making a start or beginning; get up and go; starting in a direction

Leadership

- Guide, direct, initiate, focus, support the efforts of others to produce a result

Participation

- To be a part of; to be in on something

Reflection

- To think about

Respect

- Consideration, regard esteem; to value for its own stake

Risk-Taking

- To take a chance; to go beyond what is comfortable

Safety

- Free from danger, injury or harm either physical and/or emotional

Trust

- Confidence and reliance in one's self or others