PE 361 PHYSICAL EDUCATION FOR THE ELEMENTARY TEACHER

Recess Activities

Purpose of the Project:

The course instructor will teach a lesson on a particular skill theme and the student will support the lesson with an appropriate children's game/activity. The student must be ready to teach a game with that skill to the class on the day that their skill is covered by the course instructor.

Procedures:

- 1. Select a game/activity from one of the resources listed below.
- 2. Prepare the lesson on the game/activity. Be sure to use include the types of skill themes and movement concepts that will be utilized in the activity.
- 3. Arrange for all necessary equipment ahead of time.
- 4. Practice the activity (if possible) at least once before you present it to the class.
- 5. Submit a general lesson plan (format of your choice). Be sure to identify skill themes and movement concepts learned in this class.

Evaluation:

The project is worth 10% of the final grade.

Note: My observation will consist of the general presentation of the activity.

Email <u>Dr Grube</u> in advance of class for approval of the game/activity.

Resources for children's games/activities:

- Children Moving (PE 361 textbook)
- On the Move: Lesson Plans to Accompany Children Moving (available in the HPER Lab, Reid 118)
- PE Central (http://pecentral.com)
- PE Zone (http://reach.ucf.edu/~pezone)