

<p style="text-align: center;">PE 361 PHYSICAL EDUCATION FOR THE ELEMENTARY TEACHER</p>

“Energizers”

Purpose of the Project:

1. To work cooperatively with a group of peers.
2. To gain an understanding of the importance of physical education in the total school curriculum.
3. To learn new activities for the physical education and elementary classroom settings.

Procedures:

1. Meet together as a group to determine a plan for your activity. Select an activity from one of the subject area “Energizers” books.
2. Prepare the academic component of the lesson (i.e., background information, key concepts, the progression of tasks, etc.). Be sure to use include the types of skill themes and movement concepts that will be utilized in the activity.
3. Arrange for all necessary equipment ahead of time.
4. Practice the activity (if possible) at least once before you present it to the class.
5. Submit a general lesson plan (format of your choice). Be sure to identify skill themes and movement concepts learned in this class.

Evaluation:

The project is worth 10% of each group member’s grade. Every individual’s equal contribution is expected in the *preparation* and *execution* phase of this project. The group is expected to “police” itself in this regard. A self and group report afterward will determine the level of input by the individuals.

Note: My observation will consist of identifying the roles played by each of the group members and the general presentation of the activity.

http://www.ncpe4me.com/pdf_files/K-5-Energizers.pdf