

1 Integrated Curriculum in Physical Education

2 Historical Perspective: The 60s & 70s

- ▣ The PE academic discipline of Kinesiology emerged.
 - Scientific basis.
 - PE as an academic subject.

3 Historical Perspective: 1980s

- ▣ Some high school PE programs adopted a *concepts curriculum*, or disciplinary model.
 - academic concepts of motor skills, sports, dance, fitness, etc.
 - AAHPERD book series called *Basic Stuff*.
 - direct result of academic-discipline movement (1960s).
 - PE was considered applied not academic.

4 Academic Integration Curricula

- ▣ Ed. reform movement pressured PE to be more academic.
 - gave way to Integration which emphasized a synthesis between separate knowledge bases.
 - blurred the lines between subject areas.
- ▣ Middle school considered ideal for integration.
 - PE is many times excluded.

5 Academic Integration Curricula

- ▣ Internal integration
 - Similar to the disciplinary model with a focus on critical thinking & personal development.
 - Australia, NZ, and England.
- ▣ External integration model
 - Popular at the elementary level.
 - Integrate PE with other subjects.
 - Some public schools have adopted.
 - mostly private, alt., & magnet schools.

6 Project WILD

- ▣ an interdisciplinary wildlife education program for teachers.
 - Premise: to have an interest in learning about the earth as a home for wildlife & for people.
 - to develop as responsible members of our ecosystem.
 - lessons have various subject areas for integration.
 - PE included!

7 Integrated Activities in PE

- ▣ There are 2 types:
 1. Full academic lessons
 - Less common
 - Time consuming
 - Compromises activity time

2. Reinforcement activities

- Linked to previously learned concepts
- Quick
- Activity-based

8 Relevance of Integrated Curriculum

NC Healthy Active Children Policy

⇒ Summary:

1. Establishment of a School Health Advisory Committee
2. 150 minutes of PE activity per week grades K-8
3. Same class size as regular classes
4. Recess/physical activity shall not be taken away as punishment
5. Coordinate all related school health programs
 - Special programs & training