¹ Kicking & Punting

Manipulative Skills

² Kicking

- Children must develop a foundation of kicking skills
 - They must have:

 - A variety of opportunities to practice, &Use of the skill in a variety of situations.
- Emphasis is on development of a mature kicking pattern
 - Kicking for distance leads to development of a mature kicking pattern
 - Accuracy is stressed later

3 Dunting

- Punting is a form of kicking.
 - The ball is released from the hands and kicked while it's still in the air.
- Punting is introduced after children have developed a mature kicking pattern.