PE 361
PHYSICAL EDUCATION FOR THE ELEMENTARY TEACHER
FALL 2004

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Office Hours: Tuesday & Thursday, 9:15am-11:00am
             Wednesday, 10:00am-11:00am

CREDITS AND MEETINGS:

One-(1) credit hour class; Wednesday from 8:00–9:50am in Reid 110/Main Floor Reid Gym.

TEXT AND MATERIALS:

Required Text


Additional Resources (not required)


CONCEPTUAL FRAMEWORK:

The professional education program at Western Carolina University is a community of learners based on knowledge, values, and experiences. We teach our students to use their knowledge of both human development and their disciplines to effectively teach all pupils to solve problems. Appropriate values and dispositions are central to excellent teaching. We model collaborative, caring, and intellectually stimulating learning communities so our teacher education students will create environments for all their students that encourage curiosity, foster motivation, and promote achievement of rigorous state and professional standards. We require our candidates to use state-of-the-art technology in their courses and in their field experiences.

The Physical Education for the Elementary Teacher course is a required course in the elementary education program for teacher certification. Upon completion of this course, the pre-service teacher will demonstrate knowledge the motor development of children through movement concepts and skill themes. The pre-service teacher will learn a variety of activities that can be used to encourage children to maintain moderate-to-vigorous physical activity (MVPA). This course will prepare the pre-service teacher to create an integrated learning environment for children that emphasizes both academic and activity-based concepts. The course will examine developmentally appropriate practices in physical education. The pre-service teacher will have the opportunity to share and discuss the immense range of cultural differences within the public school setting. This will be enhanced through class observations and invited guests.

COURSE OBJECTIVES:

Upon successful completion of this course, the student will be able to:
1. Appreciate the value of physical education and the physical education specialist as part of the total curriculum and the school.
2. Identify and explain characteristics of a quality physical education program.
3. Define specific terminology related to skill themes and movement concepts.
4. Recognize developmental characteristics of elementary school children and explain the implications to physical education.
5. Know the importance of physical fitness and wellness education for children.
7. Understand and value current legislation impacting physical education.
8. Integrate academic concepts with activity in classroom settings.
9. Experience multicultural games and activities appropriate for elementary school children.
10. Lead students in games, trust, and initiative activities.
COURSE TOPICS:

1. Physical Education for Children
   - Quality Physical Education
   - Skill Themes & Movement Concepts
     ✓ Games & Activities
   - Motor Development in Children
     ✓ Generic Levels of Skill Proficiency
   - Moderate-to-Vigorous Physical Activity (MVPA)
   - Multicultural Activities
2. Integrated Curriculum
   - Historical Foundations
   - Games & Activities
     ✓ Cooperative Group Project
3. Adventure-Based Programming
   - The Adventure Wave Model of Teaching
   - Adventure Education Curriculum Model
     ✓ Games, Initiatives, Trust, & Challenge/Peak Experiences

COURSE REQUIREMENTS:

1. **Class Participation (10 points):** Participation in all class activities is expected. This includes class discussion and activity, cooperative learning activities, quizzes and other assignments. Students are expected to participate in all class activities to the best of their ability. Class participation is worth 10% of the final grade.

   **Students are expected to dress for activity. This means tennis shoes and active clothing.**

2. **Class Assignments (20 points):** The students will be expected to complete in-class assignments where applicable. These assignments may include worksheets, cooperative learning activities, article reviews, school observations, etc. Outside-of-class assignments may include the use of electronic mail and the World Wide Web. Class assignments are worth 30% of the final grade.

   **Credit will not be given for late work.**

3. **Integrated Curriculum Project (30 points):** The students will be required to complete a group project working together in a cooperative effort in teaching a lesson on academic concepts through physical activity. Groups will be encouraged to teach about diversity through examination of cultures different from their own. The Cooperative group project is worth 30% of the final grade.
4. **Daily Quizzes (20 Points)**: Students will be given daily quizzes to assess their cognitive performance. The quizzes will encompass 20% of the final grade.

5. **Final Exam (20 Points)**: The final exam will be comprehensive of all material covered in class and will be held on the scheduled final exam date (Thursday, December 16th at 8:30am) without exception. The exam is worth a total of 10% of the final grade.

**EVALUATION:**

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<tr>
<th>Course Requirements</th>
<th>Grading Scale</th>
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<tbody>
<tr>
<td>Class Participation (active)</td>
<td>10%</td>
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<tr>
<td>Class Assignments</td>
<td>20%</td>
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<tr>
<td>Cooperative Group Project</td>
<td>30%</td>
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<tr>
<td>Daily Quizzes</td>
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<td>Final Exam</td>
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<td>Total</td>
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<tr>
<th>Grading Scale</th>
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<td>93-100 A</td>
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<td>90-92 A-</td>
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<td>87-89 B+</td>
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**COURSE POLICIES:**

1. **Accommodation of Students with Disabilities.** Western Carolina University makes every effort to provide appropriate accommodations for students with documented disabilities in compliance with the Americans with Disabilities Act. To receive academic accommodations, students must be registered with the office of Student Support Services (contact Carol Mellen at 227-7127, Graham Bldg.). The letter received from Student Support Services should be presented as documentation to the instructor as early in the semester as possible.

2. **Attendance Policy.** The students are expected to attend all class meetings. An *excused* absence must first be cleared with the professor and typically will be granted in the instance of extended illness or death in the family, a religious holiday, or athletic or university related events. In the unusual event of an excused absence, students are responsible for the work on the days that they miss.

   - **Attendance/Tardiness Penalty:** Tardiness is unbecoming of a pre-professional and will not be tolerated! For each incident of tardiness to class, one-(1) point will be deducted from the participation grade. Five-(5) points will be deducted from the final grade for each unexcused absence after one-(1).

3. **Examination Policy.** The students are required to take all exams on the assigned dates and at the allotted times *without exception*. This includes the final exam.

4. **Risk Awareness.** Students should be aware that some physical activity is expected as partial fulfillment of the requirements of the class. The physical activity in this class includes the participation in practice physical education lessons taught by the instructor and/or peers enrolled in the class. Students should make the instructor aware of any physical limitations that will limit participation in the class. Students will be required to complete a Risk Awareness form at the beginning of the semester.