## PE 405 ADVENTURE EDUCATION

## Group Norms for Behavior

## Full Value Contract.

The *agreement* to...

- 1. work together as a group.
- 2. adhere to certain safety and group behavior guidelines.
- 3. give and receive feedback, both positive and negative, and to work toward changing behavior when it is appropriate.

Make a list of behavior norms you would like to set for governing the behavior of the group. Provide some suggestions for each category listed below.

Individual to Individual: What do expect for behavior from individuals within the group?

- 1. Treat each other equally
- 2. Be responsible for one another's safety

Individual to Group: How do you expect individuals to behave as part of the group?

- 1. Give 100%
- 2. Be open-minded
- 3. Take each task seriously
- 4. Know your role

<u>Group to Individual</u>: How do you expect the group to treat each individual?

- 1. Be positive and encouraging
- 2. No "scapegoating" (blaming others)
- 3. Be respectful of others