

**PE 405**  
**ADVENTURE EDUCATION**

**Final Exam - Written**

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Fill-in-the-blank (15 points). Write the correct answer in the blank space provided in each question. Use the words provided in the word pool at the end of this section.

1. \_\_\_\_\_ is an awareness campaign implemented by the USFS. It is designed to foster an attitude with regard to planning, food, equipment and land use, and campsite set-up and clean up.
2. The most common and best maps for wilderness travelers are \_\_\_\_\_ maps.
3. \_\_\_\_\_ activities are designed so that a group must make use of a cooperative attitude and some physical effort to solve a problem.
4. Entering into a natural resource-oriented activity voluntarily during one's leisure time is an example of \_\_\_\_\_.
5. Having a good \_\_\_\_\_ asserts that a behavior is right when it tends to preserve the integrity, stability, and beauty of the outdoor environment.
6. \_\_\_\_\_ is the "glue" that keeps groups together; "it takes a long time to build and just a second to throw it away."
7. \_\_\_\_\_ is an approach to teaching and learning that utilizes the outdoor environment in an informal and sometimes interdisciplinary manner.
8. \_\_\_\_\_ are an agreement regarding the behavior expectations for individuals by the group and of the group by individuals.
9. The development of one's knowledge, attitudes, and motor skills in relation to physical activity and fitness is known as \_\_\_\_\_.

10. Activities that involve using the climbing spire, a ropes course, or a wilderness experience are considered \_\_\_\_\_ activities.
11. \_\_\_\_\_ is a sport that combines using a map and compass to navigate from one point to another.
12. The commitment to work together as a group, adhere to certain safety and behavior guidelines and give and receive feedback is called the \_\_\_\_\_.
13. \_\_\_\_\_ requires the use of a global positioning satellite unit and some predetermine coordinates to locate a hidden cache.
14. \_\_\_\_\_ are played mostly to warm up muscles and attitudes.
15. the most critical part of leading groups through initiative activities is the \_\_\_\_\_ period that allows groups to draw meaning from the experience.

*Word Pool*

Topographic	Outdoor Recreation	High	Outdoor Education
Initiative	Group Norms	Land Ethic	Compass
Academic	Orienteering	Trust	Physical Education
Geocaching	Full Value Contract	Games	Leave No Trace
Debriefing	Challenge/Peak	Reflective	Belay

Short Answer (35 points). Answer the following questions in a brief but articulate manner in the space provided. Each question requires a list or an answer of no more than a few sentences.

1. What are the specific dangers of drinking water from an uncertain source in the wild? List the three-(3) *treatment methods*.

2. List five-(5) general “*Leave No Trace*” principles in regard to backcountry camping.

3. Describe the procedure for *protecting food* in the backcountry. Why is this important?

4. What are the three-(3) tiers of the *debriefing technique*?

