

Sample Developmental Analysis

Skill Theme: Kicking
Movement Concepts: Space Awareness – location, pathways, directions;
 Effort – time;
 Relationships – w/ an object, w/ people
Skill Level: Control/Utilization

TLWBAT...dribble and pass a ball to a partner while moving in different directions in a small area with an 80% success rate.

Task	Extensions	Refinements (cues)	Applications
1	Dribble a ball in a small area while moving slowly in one direction <u>Intratask variations:</u> <ul style="list-style-type: none"> • Stop & start quickly → On command and on own • Increase speed → As comfortable • Change directions → On command 	<ol style="list-style-type: none"> 1. Keep your head up 2. Keep the ball close 3. Use both the inside and outside of your feet 	Keep control of ball for 30 seconds <ul style="list-style-type: none"> • Increase time (as necessary)
2	Dribble and pass a ball to a partner while moving slowly in the same direction <u>Intratask variations:</u> <ul style="list-style-type: none"> • Increase speed → On command • Change direction → Demands of the environment (cones) 	<ol style="list-style-type: none"> 1. Make smooth passes off the dribble 2. Pass ahead of your partner 3. Use both the inside and outside of your feet to pass 	Avoid the cones while dribbling and passing for 30 seconds <ul style="list-style-type: none"> • Count how many you hit (fewer is better)
3	Dribble and pass a ball to a partner while moving in different directions in a small area <u>Intratask variations:</u> <ul style="list-style-type: none"> • Increase speed → As comfortable 	<ol style="list-style-type: none"> 1. Keep your head up 2. Keep the ball close 3. Use both the inside and outside of your feet 	Dribble Knock-out (in a large open area) <ul style="list-style-type: none"> • Reduce space (as necessary)