## Sample Developmental Analysis

**Skill Theme:** Kicking  
**Movement Concepts:**  
- Space Awareness – location, pathways, directions;  
- Effort – time;  
- Relationships – w/ an object, w/ people  
**Skill Level:** Control/Utilization

TLWBAT...dribble and pass a ball to a partner while moving in different directions in a small area with an 80% success rate.

<table>
<thead>
<tr>
<th>Task</th>
<th>Extensions</th>
<th>Refinements (cues)</th>
<th>Applications</th>
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</thead>
</table>
| 1    | Dribble a ball in a small area while moving slowly in one direction  
      Intratask variations:  
      - Stop & start quickly  
        → On command and on own  
      - Increase speed  
        → As comfortable  
      - Change directions  
        → On command | 1. Keep your head up  
2. Keep the ball close  
3. Use both the inside and outside of your feet | Keep control of ball for 30 seconds  
• Increase time (as necessary) |
| 2    | Dribble and pass a ball to a partner while moving slowly in the same direction  
      Intratask variations:  
      - Increase speed  
        → On command  
      - Change direction  
        → Demands of the environment (cones) | 1. Make smooth passes off the dribble  
2. Pass ahead of your partner  
3. Use both the inside and outside of your feet to pass | Avoid the cones while dribbling and passing for 30 seconds  
• Count how many you hit (fewer is better) |
| 3    | Dribble and pass a ball to a partner while moving in different directions in a small area  
      Intratask variations:  
      - Increase speed  
        → As comfortable | 1. Keep your head up  
2. Keep the ball close  
3. Use both the inside and outside of your feet | Dribble Knock-out (in a large open area)  
• Reduce space (as necessary) |