

Generic Levels of Skill Proficiency

GLSP Statements. The following four statements illustrate a child performing a skill theme at four different levels of skill proficiency. Read each statement and, based on the information available, decide at what level of skill proficiency the child is performing.

Hint: Read all of the statements first before deciding at what level of skill proficiency the child is performing. You may use each of the four levels of skill proficiency only once. Be careful. Use your notes. It's ok, nobody's looking.

1. You are observing a child that is dribbling a ball through general space. She is dribbling successfully while using her finger pads and keeping the ball out in front of her at just above waist height. Most of the time she is able to keep her head up and her eyes focusing on something other than the ball that she is dribbling. Her movements seem almost automatic. When asked to dribble in a small space with many other students dribbling around her, you notice that she can still execute the skill consistently. At what level of skill proficiency in dribbling would you characterize this child?
2. A young boy is practicing throwing a football with a few of his classmates. You notice that he is able to throw the ball consistently to a moving target. Every time he throws he steps with the opposite foot toward his target. You observe that he draws his arm back, keeping his elbow above his shoulder. As he throws he shows that he can rotate back (when bringing his arm back) and that his hips de-rotate as his arm comes forward and he releases the ball. He follows through with arm after the release. You observe that this child's throwing pattern seems effortless. Also, he has demonstrated that he can throw the ball while running and accurately hit that moving target. During a moment of play, you notice that the child scrambles away from one child and throws successfully on the run to another child who is also on the run. At what level of skill proficiency in throwing would you characterize this child?
3. You are observing a young girl as she tries to strike a foam ball with a large paddle. She is trying to keep it up in the air while staying in her own self space. She is experiencing some success, although it seems to require intense focus on her part. You decide that manipulating an object (paddle and foam ball) is still a difficult thing for this child as she is unsuccessful most of the time. Her striking pattern is not always accurate but you notice that it is less haphazard than the last time you taught this lesson. At what level of skill proficiency in striking would you characterize this child?

4. You are observing a young boy trying to perform a forward roll. He is having difficulty holding his weight on his hands. He is not curling his back and tucking his chin to his chest when he finally is able to roll over. He has never shown that he can land on his feet after the roll. Sometimes he starts from his knees and sometimes he starts from his feet. Most of the time he is completely unsuccessful at the skill, but sometimes he is able to roll over. His attempts to perform the skill are very awkward at best. At what level of skill proficiency in tumbling would you characterize this child?