

# PE 345: Exam #1

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All candidates are required to bring a "Blue Book" and a "Scan Sheet" to the exam. These items can be purchased at the bookstore.

## Content

Exam #1 is comprehensive and therefore will include all material covered over the course of the semester. The following Chapters and pages were covered during the semester:

- Chapters 1-3
- Chapters 16-18 - Movement Concepts
- Chapters 19-28 - Skill Theme Development (focus your study on "Skill Theme Development Sequences" and "Key Observation Points")

The following subjects were covered in class:

- Quality Physical Education (notes & handout)
- NASPE Content Standards (handout)
- NASPE's Physically Educated Person Statement (handout)
- NC Healthy Active Children Policy
- Appropriate and Inappropriate Practices in Physical Education (handout)
- NASPE Position Papers (dodgeball)
- Movement Concepts (notes & handout)
  - Space Awareness
  - Effort
  - Relationships
- Skill Themes (notes & handout)
  - Basic Locomotor Skills (handouts)
    - Traveling Skills (handout)
  - Nonmanipulative Skills
  - Manipulative Skills
- Key Observation Points
  - Nonmanipulative Skills
  - Manipulative Skills

## Testing Procedure

Exam #1 is worth 10% of the final grade. The following types of questions will be used to assess the knowledge of the candidates.

- Multiple Choice
- Short Answer & Listing
- Identification