1 Dribbling (w/ hands)
   Manipulative Skills

2 Dribbling
   • Dribbling is striking downward, generally with the hands.
   • Common problems with beginning dribblers:
     - maintaining the dribble in a continuous manner
     • force production & the 2 handed dribble
     - watching the ball
     - dribbling while traveling

3 Dribbling
   • Once children can maintain a continuous dribbling pattern they are ready for more complex tasks:
     - w/ head up, changing directions, at different levels, pivoting, shielding, etc
     • game like situations can be introduced
   • Dribbling requires fine hand-eye coordination.