1 Integrated Curriculum in Physical Education

2 Historical Perspective:
   The 60s & 70s
   - The PE academic discipline of Kinesiology emerged.
     - Scientific basis.
     - PE as an academic subject.

3 Historical Perspective: 1980s
   - Some high school PE programs adopted a *concepts curriculum*, or disciplinary model.
     - academic concepts of motor skills, sports, dance, fitness, etc.
     - AAHPERD book series called *Basic Stuff*.
     - direct result of academic-discipline movement (1960s).
     - PE was considered applied not academic.

4 Academic Integration Curricula
   - Ed. reform movement pressured PE to be more academic.
     - gave way to *Integration* which emphasized a synthesis between separate knowledge bases.
     - blurred the lines between subject areas.
   - Middle school considered ideal for integration.
     - PE is many times excluded.

5 Academic Integration Curricula
   - **Internal integration**
     - Similar to the disciplinary model with a focus on critical thinking & personal development.
     - Australia, NZ, and England.
   - **External integration model**
     - Popular at the elementary level.
     - Integrate PE with other subjects.
     - Some public schools have adopted.
     - mostly private, alt., & magnet schools.

6 Project WILD
   - An interdisciplinary wildlife education program for teachers.
     - Premise: to have an interest in learning about the earth as a home for wildlife & for people.
     - to develop as responsible members of our ecosystem.
     - lessons have various subject areas for integration.
     - PE included!

7 Integrated Activities in PE
   - There are 2 types:
     1. Full academic lessons
        - Less common
        - Time consuming
        - Compromises activity time
2. Reinforcement activities
   • Linked to previously learned concepts
   • Quick
   • Activity-based