1 □ Developing the Content

Establishing a Progression

2 □ Developing the Content

- Establishing a progression, or sequential series of learning experiences, helps children build on each task to develop proficiency in a particular skill theme.
- Effective observation by the teacher is critical to lesson flow and maximum appropriate practice experiences.

3 □ Developing the Content

- A teacher performs four functions during a lesson to help the children learn:
  1. Informing
  2. Extending
  3. Refining
  4. Applying

4 □ Informing

- Teacher explains the task to the children.
  - KISS – keep it short & simple
  - Demonstrate – whenever possible
  - Pinpointing – use students to show

5 □ Extending (changing the task)

- Through effective observation, teacher determines if the task is too easy or too difficult.
- The teacher extends the original task by changing it slightly to increase difficulty.
  - “just right” tasks provide an 80% success rate

6 □ Refining (providing cues)

- Through effective observation, the teacher stops the class and refocuses the children on an aspect of the task that they are struggling with.
  - Use whole class feedback
  - One cue at a time
  - Cue is congruent with task demo
  - Let children practice the same task again before extending (changing) it to a new task

7 □ Applying (giving challenges)

- The teacher challenges the children to use the skill in more complicated or dynamic ways.
  - Repetitions (“how many times can you …?”)
  - Timing (“how long can you …?”)
  - Keep score (“compete with your partner to…”)
  - Individual challenges (by invitation)
  - Modified game (lead-up games)

8 □ Content Development Patterns

- An ideal content development pattern looks like this:
- Not all content will be developed in this manner, but it is a good way to plan your progressions.
- Remember, proper observation & analysis of student performance will determine how you actually develop the content in the gym.