My Favorite Arban Exercises
Compiled by Dan Cherry

There are so many wonderful exercises in the Arban book. Some of the most commonly used areas for study are the Scale Studies and Multiple Tonguing sections, but here are some other examples that I think are of tremendous value for trombone and euphonium players (all page numbers are for the new version published by Encore):

Commentary:
Be sure to read the introductory remarks and other helpful commentary provided by both Joe Alessi and Brian Bowman. I particularly like these passages:

- pp. 8-13 – introductory comments
- p. 26 – intonation
- p. 27 – intervals
- p. 29 – syncopation
- p. 32 – dotted rhythms
- p. 47 – slurs
- p. 64 – scales
- p. 125 – valve trills
- p. 138 – intervals
- p. 160 – chord patterns
- pp. 174-175 – multiple tonguing
- p. 215 – phrasing

“Cloning” Articulation and Tone:
Beginners: pp. 13-17
Intermediate: pp. 17-21
Advanced: pp. 27-35

Key Signatures/Intonation:
pp. 46-47
pp. 161-166
p. 63

Dominant 7 and Diminished 7 Chords:
pp. 167-171

Embouchure Strengthening:
pp. 47-54
pp. 139-148

Sightreading:
pp. 215-266

Ensemble (Duet) Playing:
pp. 281-321

Fun Challenges for the Advanced Player:
p. 322 Characteristic Studies (#1, #2, #11, #12)
p. 355 Fantasie Brillante
p. 385 The Carnival of Venice