Applied Studio Challenge 2014!

Some ideas from professor Dan Cherry and the Trombone and Euphonium Studio at Western Carolina University

http://paws.wcu.edu/dcherry/

**Daily Challenges:**

- Set practice goals (and meet them!)
- Do some stretching/exercise
- Work on your breathing
- Dig into your fundamentals
  - Rely on your warm-up and your Daily Routine
- Play with your tuner – long tones, scales, etc.
- Make good use of your metronome
- Work on ALL lesson assignments
  - Manage your time well, prioritize as needed, but don’t leave anything for another day
- Play something just for fun!
  - Suggestions: duets with a friend, improvisation, favorite past solos, hymn tunes, pop songs, your own compositions

**Weekly Challenges:**

- Set practice goals (and meet them!)
- Record yourself and do some critical listening
- Do some listening
  - New literature, great professional players, unfamiliar styles, etc.
- Learn something new about the history of your instrument
- Study the music you’re working for lessons
  - Composer, style, theory, history
- Practice your ensemble music
- Practice sight reading

Are YOU up to the challenge?

See what happens if you rise to these daily and weekly challenges for the first month of school. Now, let’s get to work!